

About the teacher - Akash Dharmaraj, India

Born on 20th. February 1946, I am now in the seventy first year of this journey on earth.

I trained as a **Clinical psychologist**, and **Psychotherapist**, but there was not much work for a therapist in 1968 in India, so I started my working life as a nursery school teacher! Later, the school started a counseling center, and I spent a few years as a student counselor. Mostly intelligence testing, and career counseling.

During these years, I trained as a **Transactional Analyst**, and also took up a **Sufi Journey** with a Teacher in Kashmir...



The need to get a better paying job took me into the corporate sector, and I moved into the unlikely areas of marketing and manufacturing home appliances. Luck, and hard work, brought rich rewards and I soon reached the top of the ladder.

However, I also discovered that the Rat Race was not for me, and turned back to my original training, designing and conducting corporate workshops. My main training tool was Transactional Analysis, which remains my chief intervention tool till today.

Finally, twenty years ago, getting back to my roots, I set up as a practicing therapist in New Delhi, India.

At this point, I began to feel restricted by the sterile atmosphere of clinical techniques, and wanted to make it richer, deeper, with a “meaning dimension”. I sought permission from my Sufi Teacher to **integrate sufi healing techniques into my work...**

I also started exploring Energy healing techniques, starting with Reiki, and Pranic Healing, soon adding on crystals, essential oils, colors, fragrances, meditations and visualizations. **The most dramatic discovery were the Gurdjieff Sacred Dances. Life changing and enhancing in ways I could not have imagined...**

This opened up a magical world of pure potentiality, full of all possibilities. I started with healing myself, and then began sharing the magic with my clients. Now, I develop healing strategies that include all these techniques.

On the domestic front, I have been a Good Householder, looked after my children while they needed looking after, taught them to fly, and let go...

I now live and work in Goa, India...

Dancing the dance of Life, peacefully making my humble contribution to the universe, and accepting its gifts with gratitude.

Personal website: <http://www.akhaldans.com/home.html>