

MOVE IN Newsletter March 2017

DYNAMIC RECEPTIVITY

"We can observe and note how much and how well we listen to what other people are saying. Is our listening for the sake of communication or for criticism and self-assertion? Do we really try to understand: not only what is being said, but the intention of the speaker?"

We should exercise ourselves regularly in the art of listening.

We can make a special exercise of listening to people who do not hold our attention, saying things that do not interest us.

Listening leads us to the first requirement of communication: That is receptivity. We should learn to distinguish between passive receptivity, which is close to suggestibility and the indiscriminate acceptance of all that we hear; and dynamic receptivity which enables us to "take in" what is said and relate it to what we already know and understand about the subject. Dynamic receptivity requires a positive act of will. We must learn to recognize this act and to make it whenever we wish to listen dynamically

We can extend the notion of dynamic listening to all situations in which we set ourselves to grasp the **intention** of what is being conveyed to us"

J.G.BENNETT

So much of what we do is a misuse. Driving along the road, reading posters on the wall. The neurotic condition of the mind is such that we cannot pass by without reading them automatically. We may have read them a 1000 times: a vote for someone, some new cosmetics, a powerful car...

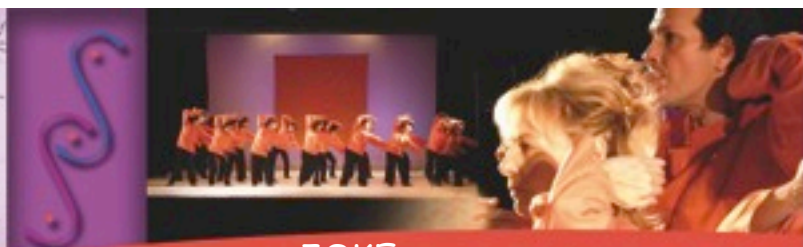
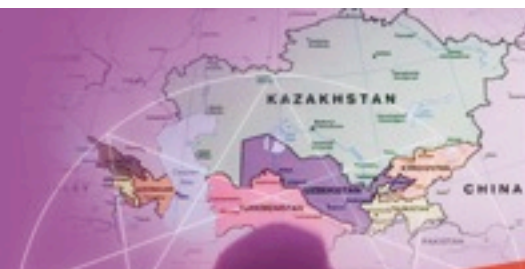
It has become an habit

Have we realized how much of what we see is redundant,
how much of what we hear is useless?

Dynamic receptivity allows us to hear and see what is absolutely necessary,
and to conserve our energy and power to see and hear the bigger
and greater world within



Gurdjieff dances



Gurdjieff dances

JOKE

A few maxims...

- *How long a minute is depends on which side of the bathroom door you are on
- *The key to happiness: You may speak of love and tenderness and passion, but real ecstasy is discovering that you haven't lost your keys after all
- *Old age is when the candles cost more than the cake

OUR NEXT SEMINARS

FRANCE / JURA Chateau Roche sur Linotte

13th -19th of May 2017 or a WE 13th-14th of May 2017

Franche Comté, close to Besancon.

Easy access by TGV, or by flight to Basel-Mulhouse airport

FRANCE / PARIS

18th-19th of March / 17th-18th of June 2017

Metro: Hoche

MUNICH / GERMANY

25th-26th of March 2017/ 27th-28th of May 2017

PUBLIC DEMONSTRATION OF GURDJIEFF MOVEMENTS

Munich Sunday 2nd of April 2017, Theater LEO 17 at 5 pm

Booking: Midheaven Bookshop Tel: +49(0)892015180

DHARAMSALLA/ INDIA -At the feet of the Himalayas

2 WEEKS OF GURDJIEFF MOVEMENTS PRACTICE

10th - 23rd of April 2017

AND 9 days "DANCING SOUL"

Self exploration through Dance,

Theater and Voice

with life music /Djembe Ashok Kumar

27th of April - 5th of May 2017

FRANCE / PROVENCE - 3 Weeks of

Gurdjieff Movements practice

On the Lake of Gorges du Verdon

3rd-23rd of September 2017



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To unsubscribe, please write to: chetangreen@gmx.net